



# TCM CONGRESS

## Krakow 2017, Poland

### TCM Congress Programme

The Congress will consist of opening **Plenary Session** (Friday 9:30-12:30) with seven short (20 min.) lectures and **three parallel symposia** (Friday afternoon till Sunday afternoon).

Every morning we invite all the guests of the Congress to participate in medical Qi Gong workshops in Europejski Hotel.

On Saturday evening we invite you to take part in a **banquet and dances** to the medieval castle in Korzkiew (13.th Century). We provide bus services.

Before the Congress opening there will be **pre-congress lecture** on Thursday 12th of October (15:30 – 19:00). It is separate lecture and all those who have purchased tickets for the Congress may receive a 50% discount.

Additionally there will be held four open public lectures: two on Friday afternoon and two on Sunday afternoon.

All lectures of three symposiums will take place parallelly in three conference rooms in Hotel Europejski. Lectures will be given in English and translated into Polish, they will last for 3,5 hours with a 20 min. break.

#### I. TCM Diagnosis

TCM diagnosis is a fast and effective method of diagnosis. It allows not only to define the problem with its results and symptoms but also to find out the real cause of the disease and even to foresee potential threats related to the illnesses.

**Friday afternoon (13.10.2017):** 15:00-18.30 (20 min. coffee break included):

- Rani Ayal (Israel): *The Nine Continents – diagnosis and treatment of congenital weakness (Jing deficiency) in patients*
- Julian Scott (UK): *Diagnosing children, with special reference to ADD and ADHD*

**Saturday morning (14.10.2017):** 9:00-12:30

**Saturday afternoon (14.10.2017):** 14:30-17:50 (30 min. coffee break included):

- Li Jie (CN, NL): *Liu Jing and Liu Jing diagnosis system in classical TCM – discussions of six divisions or six confirmations diagnosis system in classical TCM*

*texts*

- Lillian Pearl Bridges (USA): *Facial diagnosis – the facial maps*

**Sunday morning (15.10.2017):** 9:00-12:30 (30 min. coffee break included):

- Lillian Pearl Bridges (USA): *Diagnosing serious diseases with facial diagnosis*
- Barbara Kirschbaum (Germany): *Tongue diagnosis*

**Sunday afternoon (15.10.2017):** 14:30-17:50 (20 min. coffee break included):

- Bartosz Chmielnicki (Poland): *Practical workshop of diagnosis* (10 participants only)

## **II. Gastrointestinal tract diseases**

During this symposium the TCM experts will discuss effective TCM methods of prophylaxis and treatments for the gastrointestinal tract diseases. The main issue of the symposium will concern efficiency of Traditional Chinese Medicine treatment supported by the results from specific cases and scientific randomized trials. Particular attention will be also paid to the economic and scientific data from application of TCM treatment on conventional medicine.

**Friday afternoon (13.10.2017):** 15:00-18.30 (30 min. coffee break included):

- Shulan Tang (China, UK): *Root treatment of excess weight*

**Saturday morning (14.10.2017):** 9:00-12:30 (30 min. coffee break included):

- Roman Szymula (Poland): *Combining Western and Chinese Medicine: treating gastritis, colitis and Crohn's disease*
- Zhijun Shu (China): *TCM-assisted treatment for the patients with acute severe pancreatitis*

**Saturday afternoon (14.10.2017):** 14:30-17:50 (30 min. coffee break included):

- Rani Ayal (Israel): *The extraordinary channels in the treatment of Crohn's disease*

**Sunday morning (15.10.2017):** 9:00-12:30

**Sunday afternoon (15.10.2017):** 14:30-17:50 (30 min. coffee break included):

- Oxana Nachatia (Russia): *The external manifestations of internal reasons. Issues of anti-aging, correction of body contours and obesity in TCM*

## **III. Civilization disease - TCM approach**

Chinese Medicine has many effective methods - both diagnostic and therapeutic - to cure civilization diseases. The great advantage of TMC is the prophylaxis that prevents modern diseases in advance.

**Friday afternoon:** 15:00-18:30

**Saturday morning (14.10.2017):** 9:30-12:30 (30 min. coffee break included):

- Yair Maimon (Israel): *The Shen points which are treating the 5 types of depression*
- Barbara Kirschbaum (Germany): *Breast cancer affecting now every 8th women in Germany – accompanying treatment of breast cancer with Chinese Medicine*

**Saturday afternoon (14.10.2017):** 14:30-17:50 (20 min. coffee break included):

- Laurie Ayres (UK): *The understanding and treatment of autoimmune diseases from*

*the perspective of the Shang Han Za Bing Lun*

**Sunday morning (15.10.2017):** 9:30-12:30 (30 min. coffee break included):

- Donald Halfkenny (USA, Germany): *The Heart based treatment of the diseases of modern society, a classical acupuncture clinical approach (Workshop)*

**Sunday afternoon (15.10.2017):** 14:30-17:50 (20 min. coffee break included):

- Tadeusz Błaszczuk (Poland): *Lung cancer – integrative treatment with Chinese Medicine*

## **PRE-CONGRESS LECTURE**

An extra pre-congress Bartosz Chmielnicki's lecture: *The Secrets of the Organ-Clock* will be held on Thursday afternoon (12.10.2017, 15:30 – 19:00).

It will be given in English and translated into Polish.

The lecture will take place in Hotel Europejski in Column Room on the 1st floor. It's not included in the congress programme therefore it is payable separately.

## **OPEN LECTURES**

The aim of the lectures is to promote and encourage to apply Chinese Medicine in prophylactic treatment (on the level of beginners). Lectures as well as diagnostics with consultations will be available to the general public.

Open lectures (90 minutes long) will take place in the Confucius Institute of the Jagiellonian University located on 4 Radziwillowska Street in the Raspberry Room on Friday afternoon (15:00-18:30) and Sunday afternoon (12:30-15:30).

Lectures will be given only in Polish.

- Marek Kalmus (Poland): *Sleep and resting – meaning according to Chinese Medicine* (Friday 13.10.2017, 15:00-16:30)
- Izabela Miętka (Poland): *How does the Chinese Medicine support women's and men's fertility?* (Friday 13.10.2017, 17:00-18:30)
- Agnieszka Krzeminska (Poland): *Constipation – differentiation and treatment in Chinese Medicine* (Sunday 15.10.2017, 12:45-14:15)
- Roman Szymula (Poland): *Combining Western herbs and Chinese Medicine to prevent and treat common digestive disorders* (Sunday 15.10.2017, 14:30-16:00)

## **MEDICAL QI GONG WORKSHOP**

During the Congress there will be the opportunity to participate in practical workshop of Medical Qi Gong lead by Barbara Czarnecka.

Medical Qi Gong will be organized every day morning (7:30-8:15 AM) in Hotel Europejski (in Ball Room).

## **LUNCH MEETINGS WITH SPEAKERS**

During lunch breaks will take place meetings with speakers:

**On Saturday (14.10.2017), 13:00-13:45** will be meeting with Dr. Yair Maimon (Israel) specializing in cancer treatment with TCM. For many years he have conducted a research on anticancer herbal formulas, strengthen the immune system and neutralize the negative side effects of chemotherapy.